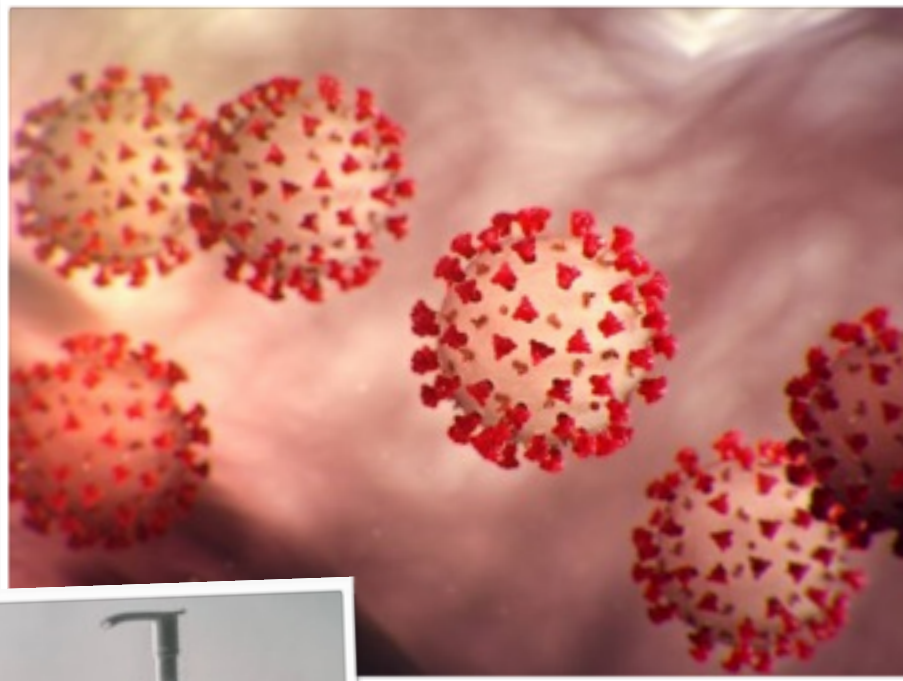


# COVID-19

The Islamic point of view



# Coronavirus

## What is Coronavirus?

Coronavirus [kə'rɒʊnə,vʌɪrəs] a derivative from a Latin word which means crown. You might wonder why *crown*. This is because, when examined with a microscope it looks like a crown! Keep in mind that it is important for you to take precautionary measures from this deadly virus or disease.

## How does it spread?

It is an air-borne disease which spreads within a distance of about 6ft . It is also spread by infected droplets when an infected person sneezes or coughs. Apart from this, the disease is also surface-borne ( by touching a surface that is infected and touching your own mouth, nose or eyes right after).

## Precautionary measures

Risk could be reduced if the following measures are taken:

1. Wash your hands recurrently with alcohol-based soap and water.
2. Cover your nose and mouth with a handkerchief when sneezing or coughing.
3. Avoid ineffectual social contact.

4. Wear adequately sealed face masks.
5. Do not visit a high risk country.
6. Get your self checked if you have the following symptoms:
  - A. runny nose
  - B. sore throat
  - C. cough
  - D. fever
  - E. pneumonia
  - F. severe difficulty in breathing

## Pandemics and the people of the past, Pandemics and us

In (1057-8 CE), there was a major epidemic in the Middle East, which resulted in the death of around 1.6 million people in the locale of Bukhara alone. Large graves were dug and 20-25 people were being buried in a grave. Miraculously, the inhabitants of homes with alcohol would die within a night. In a certain residence, 18 corpses were found and upon foraging the residence, alcohol was found.

A second example is of a man who was in the final stage of death, but his soul was not leaving his body. He continued suffering until he pointed towards a bottle of alcohol. His soul only left after the alcohol was removed from his house.

What did the people at that time do? When this great epidemic broke out, people reacted by throwing the alcohol away, smashing all instruments of music, attaching themselves

to the Masjid, reciting the Holy Quran and begging to Allah ﷻ. We are so ignorant that we fail to realise that this new Coronavirus is on account of our own sins. We should also run towards Allah ﷻ like the people of the past. This Coronavirus should remind us that just the way we are in lockdown, there are so many people in Kashmir, Palestine, Syria, Yemen, etc., who have been in lockdown for so long. Just the way our families are dying, we should be reminded that people all over the world in the Muslim Ummah are being tortured and killed. The only solution is that we should throw all sins out of our homes, have hope in Allah ﷻ and we should strengthen our bond with Allah ﷻ.

## Duaas from the Ahadeeth

1. The Messenger of Allah ﷺ said:

“He who recites three times every morning and evening:

بِسْمِ اللَّهِ الَّذِي لَا يَضُرُّ مَعَ اسْمِهِ شَيْءٌ فِي الْأَرْضِ وَلَا فِي السَّمَاءِ وَهُوَ السَّمِيعُ الْعَلِيمُ

(In the Name of Allah ﷻ with Whose Name there is protection against every kind of harm in the earth or in the heaven, and He is the All-Hearing and All-Knowing) nothing will harm him.” [Abu Dawud and At-Tirmidhi]

2. Anas رضى الله عنه reported:

The Prophet ﷺ used to supplicate:

اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنَ الْبَرَصِ وَالْجُنُونِ وَالْجُذَامِ وَمِنْ سَيِّئِ الْأَسْقَامِ

(Oh Allah ﷻ ! I seek refuge in You from leucoderma, insanity, leprosy and evil diseases.)” [Abu Dawud]

3. 'Abdullah bin 'Umar رضى الله عنه reported:

“The Messenger of Allah ﷺ used to supplicate:

اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنْ زَوَالِ نِعْمَتِكَ، وَتَحَوُّلِ عَافِيَتِكَ، وَفُجْأَةِ نِقْمَتِكَ، وَجَمِيعِ سَخَطِكَ

(Oh Allah ﷻ ! I seek refuge in You against the declining of Your Favours, passing of safety, the suddenness of Your punishment and all that which displeases You.)”

[Muslim]

*Taamia-Jainab*

4. Ibrahim bin Muhammad bin Sa'd narrated from his father, Sa'd رضى الله عنه that the Messenger of Allah ﷺ said,

“The supplication of Dhun - Nun (Prophet Yunus) when he supplicated, while in the belly of the whale was:

لَا إِلَهَ إِلَّا أَنْتَ سُبْحَانَكَ إِنِّي كُنْتُ مِنَ الظَّالِمِينَ

(There is none worthy of worship except You, Glory to You, Indeed, I have been of the transgressors)

So indeed, no Muslim man supplicates with it for anything, ever, except Allah ﷻ responds to him.”

[Abu Dawud and At - Tirmidhi]

May Allah ﷻ save all of us from this disease, and grant us the ability to worship Him more and more.

*H.Motala*

