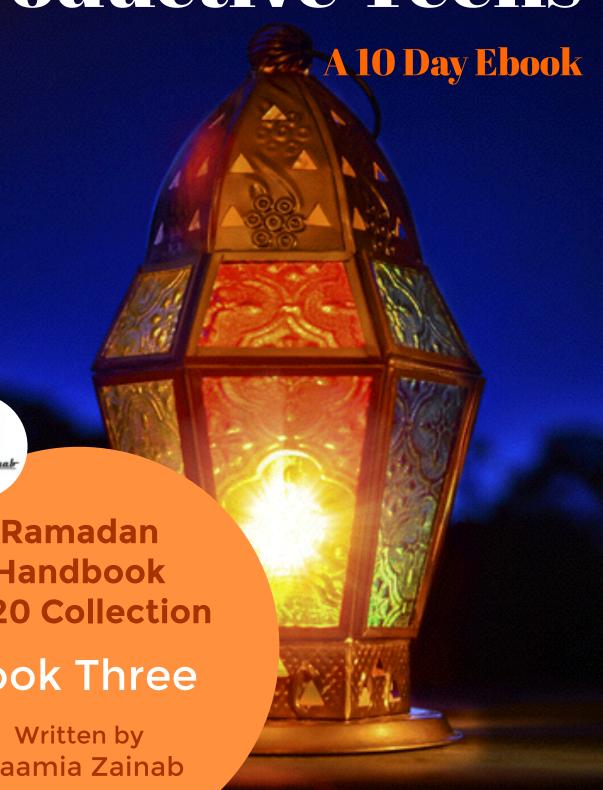
April 2020

Productive Teens





Handbook 2020 Collection

Book Three

Jaamia Zainab

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Foreword

In the name of Allah, the most gracious, the most merciful.

We praise Allah and offer salutations upon His Noble Messenger and his family and companions.

The Prophet of Allah said: "It (Ramadan) is the month, whose beginning is mercy, its middle, forgiveness and its end, emancipation from the fire of hell" [Bayhaqi's Shu'bul Imaan 3608]

The three stages of Ramadan are called Asharah, which means "ten". There are three Asharah's in Ramadan. Keeping this Hadeeth Shareef in mind, this book has been designed to help you understand the concept of emancipation from the fire of hell, by performing deeds that will make the pathway to Jannah easy for you.

We pray that Allah & accepts the efforts of all those who contributed in this noble cause.

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Introduction

Jahannam, which means hellfire is something that we have constantly been warned of. The Prophet always expressed extreme fear of the Fire and he would consistently warn the people to ward themselves far away from it. Allah created the hellfire, but he also taught us methods to save ourselves from it. Read on to get a few steps on how to save yourself from the Fire of Jahannam.

Book Objectives

- ✓ Seek refuge from the hellfire
- ✓ Pave the pathway to Jannah
- ✓ Search for the night of power
- ✓ Gain the closeness of Allah <u>&</u> before the end of Ramadan

How to Use the Book

Not all learners are the same, so courseworks shouldn't be either. Whether you learn best by hearing, reading, doing, or a mixture of all three, this unique course book uses all three approaches to help you engage with each topic.



Click on the chapter name for an audio walk-through of each topic



Hands-on activities



Highly visual layout



Chapter One

O you who have believed, protect yourselves and your families from a Fire whose fuel is people and stones [Quran 66:6]

In this Ayah Allah is ordering His servants to be obedient to Him and avoid His disobedience. He also commands them to order their families to remember Him, then He will save them from the Fire.

The Messenger of Allah said: "At every breaking of the fast Allah has people whom He frees (from the Fire), and that happens every night." [Ibn Majah]

Imagine it's the day of Qiyamah and you can see fire blazing in front of you. You are terrified. You think you'll be thrown in there any minute. Suddenly, you hear someone give you the glad tiding that you have been saved from the hellfire because of a hidden act of kindness you performed in Ramadan.

Situation

Feeling

Behaviour

I see a family member sinning

I feel it's none of my business, then I remember the Ayah of the Quran

I give them a gentle reminder



Chapter Two

Allah invites to Paradise and to forgiveness, by His permission [Quran 2:221]

This Ayah means that Allah has made the pathway to Jannah very easy for His servants by making His Law, commandments and prohibitions clear.

The Messenger of Allah said: "On the first night of the month of Ramadan, the Shayatin are shackled, the jinns are restrained, the gates of the Fires are shut such that no gate among them would be opened. The gates of Paradise are opened such that no gate among them would be closed..." [Jami Tirmithi]

Have you ever felt the burden of your sins break your back? Then you remind yourself of this Ayah

Situation

Feeling

Behaviour

I am overburdened by my sins

I feel hopeless

I remember this Ashara is for freedom from the hellfire and I take that step towards my Lord



Chapter Three

But those who believe and do righteous deeds - We will admit them to gardens beneath which rivers flow [Quran 4:57]

This Ayah is describing the destination of the righteous people. They will be granted Jannah, beneath which rivers flow and they will reside in it for eternity.

Allah's Messenger (came to me and said, "If anybody comes on the Day of Resurrection who has said: La ilaha illal-lah, sincerely, with the intention to win Allah's Pleasure, Allah will make the Hell-Fire forbidden for him." [Sahih Bukhari]

Have you ever felt lazy to wake up for Tahajjud in a freezing night and then you get up for the pleasure of Allah . Did you feel contentment after that?

Situation

Feeling

Behaviour

I consider lending the old lady across the street a helping hand

I feel laziness
overcome me, but I
remember the gardens
beneath which rivers
will flow in Jannah

I go over to her and assist her



Chapter Four

Our Lord, indeed we have believed, so forgive us our sins and protect us from the punishment of the Fire [Quran 3:16]

In this Ayah we are being taught to seek forgiveness for our errors and shortcomings, so that we may be saved from the fire of Hell.

The Messenger of Allah said: "Shall I not inform you of whom the Fire is unlawful and he is unlawful for the Fire? Every person who is near(to people), amicable, and easy(to deal with)." [Jami Tirmithi]

Are you amicable? Are you easy-going and friendly? Evaluate yourself.

Situation

Feeling

Behaviour

My friend humiliates me in public

I have many thoughts running in my mind, but most of all, I feel like swearing him

I decide to be patient, so that the hellfire would become unlawful upon me



Chapter Five

Our Lord, avert from us the punishment of Hell. Indeed, its punishment is ever adhering [Quran 25:65]

It is important to recite this Dua often, so that Allah & may save us from the hellfire.

The Messenger of Allah said: "Allah banned the fire to consume the traces of prostration on the body of Adam's son." [Sahih Bukhari]

Have you ever felt your legs strain in the long rakahs of the Taraweeh prayer?

Situation

I decide to get cosy in bed with my phone and then I remember the Hadeeth

Feeling

I feel the fear of Jahannum

Behaviour

I immediately get up, perform ablution and busy myself in Salah and the remembrance of my Lord



Chapter Six

As for those who were [destined to be] wretched, they will be in the Fire, in it they will experience Zafir and Shahiq. And as for those who were [destined to be] prosperous, they will be in Paradise, abiding therein [Quran 11:106 - 11:108]

This Ayah tells us that the wretched people will be given torment, because of which they will experience sounds in their throats and chests. As for the followers of Nabi , their abode will be Jannah.

Allah's Messenger said, "Whoever prays four Rak'ah before the Zuhr and four afterwards, Allah will forbid him to the Fire." [Sunan ibn Majah]

Have you ever felt the urge to post a nasty comment on social media about someone you dislike? How did you stop yourself from doing that solely for the sake of Allah ?

Situation

I pray my four Fardh and quickly rush back to complete my assignment

Feeling

I feel guilty when I remember my mission of being saved from the fire of hell this Ramadan

Behaviour

I return to my prayer mat and read my Sunnah prayers



Chapter Seven

Allah has promised the believing men and believing women gardens beneath which rivers flow [Quran 09:72]

Allah describes the joys and eternal delight that He has prepared for the believing men and women.

Nabi said, "A man who wept out of the fear of Allah shall not enter the Fire until the milk returns to the udder" [Jami Tirmithi]

Can the milk ever return to the udders? No, right. Can you imagine how beloved your tears are to Allah ?

Situation

Feeling

Behaviour

I read this Hadeeth

I felt a desire to act upon it

I went to my prayer mat, fell into prostration and cried my heart out to Allah



Chapter Eight

But as for those whose faces will turn white, [they will be] within the mercy of Allah . They will abide therein eternally [Quran 3:107]

This Ayah mentions that those who believe, their faces will turn bright when they hear of the rewards their Lord has prepared for them.

The Prophet said: "A worshipper does not fast a day in the cause of Allah except that, that day (of fasting) distances the Fire from his face by seventy autumns" [Jami Tirmithi]

Have you ever wowed flawless skin? Can you imagine that Allah promises those who perform good deeds eternal beauty? Wouldn't you want that everlasting attractiveness?

Situation

Feeling

Behaviour

I can smell the tantalising aroma of food

I begin feeling hungry

I remember how far Allah distanced me from the fire because of this fast and I thank Him



Chapter Nine

Our Lord, give us in this world [that which is] good and in the Hereafter [that which is] good and protect us from the punishment of the Fire. [Quran 2:201]

The Dua mentioned in the Ayah seeks refuge from the Fire. This includes avoiding the prohibitions, sins and all doubtful matters.

The Prophet said: "Protect yourselves from the Fire, even with half a date" [Sahih Muslim]

What would you if a beggar comes to your door?

Situation

I buy myself a fresh pizza and I notice a timid beggar boy staring at me

Feeling

I wish he would stop looking at my food

Behaviour

I think of the Hadeeth 'Protect yourselves from the fire, even with half a date' and I hand the pizza to him with a big smile



Pay 10 Chapter Ten

Only he who is saved far from the Fire and admitted to the Garden will have attained the object (of Life) [Quran 3:185]

This Ayah means that the person who is kept away from the fire, saved from hellfire and admitted into Paradise, will have achieved ultimate success.

The Prophet said: "Whoever asks Allah (s.w.t) for Paradise three times, Paradise says: 'O Allah, admit him into Paradise', and whoever seeks refuge from the Fire three times, the Fire says: 'O Allah, save him from the Fire" [Jami Tirmithi]

When last did you ask Allah 🐞 to grant you paradise and save you from the hellfire?

Situation

I worked very hard and came first in the speech contest

Feeling

I feel very happy and try to direct my efforts towards Deen

Behaviour

I perform lots of voluntary acts of worship this Ramadan

My Lord said:

يَا أَيُّهَا الَّذِينَ آمَنُوا قُوا أَنفُسَكُمْ وَأَهْلِيكُمْ نَارًا وَقُودُهَا النَّاسُ وَالْحِجَارَةُ



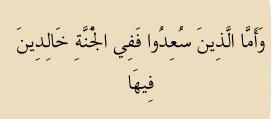
I have understood:

وَاللَّهُ يَدْعُو إِلَى الْجُنَّةِ وَالْمُغْفَرَةِ بِإِذْنِهِ

وَالَّذِينَ آمَنُوا وَعَملُوا الصَّالِحَاتِ سَنُدْ خِلُهُمْ جَنَّات تَجْرِي مِنْ تَعْتِهَا الأَنْهَارُ

رَبَّنَا إِنَّنَا آمَنَّا فَاغْفِرْ لَنَا ذُنُوبَنَا وَقِنَا عَذَابَ النَّار

رَبَّنَا اصْرِفْ عَنَّا عَذَابَ جَهَنَّمَ ﴿ إِنَّ اصْرِفْ عَنَّا عَذَابَهَا كَانَ غَرَامًا





وَعَدَ اللهُ اللهُ

وَأُمَّا الَّذِينَ ابْيَضَّتْ وُجُوهُهُمْ فَفِي وَأُمَّا الَّذِينَ ابْيَضَّتْ وُجُوهُهُمْ فَفِي رَحْمَةِ اللهِ هُمْ فِيهَا خَالِدُونَ

رَبَّنَا آتِنَا فِي الدُّنْيَا حَسَنَةً وَفِي الأُخرَةِ حَسَنَةً وَفِي الأُخرَةِ حَسَنَةً وَقِنَا عَذَابَ النَّارِ

فَمَن زُحْزِحَ عَنِ النَّارِ وَأَدْخِلَ الْجُنَّةَ فَمَن زُحْزِحَ عَنِ النَّارِ وَأَدْخِلَ الْجُنَّةَ

My Prophet said: I have understood: "At every breaking of the fast Allah has people whom He frees (from the Fire), and that happens every night." [Ibn Majah] "On the first night of the month of Ramadan, the Shavatin are shackled, the jinns are restrained, the gates of the Fires are shut such that no gate among them would be opened. The gates of Paradise are opened such that no gate among them would be closed..." [Jami Tirmithi] "If anybody comes on the Day of Resurrection who has said: La ilaha illal-lah, sincerely, with the intention to win Allah's Pleasure, Allah will make the Hell-Fire forbidden for him." [Sahih Bukhari] "Shall I not inform you of whom the Fire is unlawful and he is unlawful for the Fire? Every person who is near(to people), amicable, and easy(to deal with)." [Jami Tirmithi]

"Allah banned the fire to consume the traces of prostration on the body of Adam's son." [Sahih Bukhari]

"Whoever prays four Rak'ah before the Zuhr and four afterwards, Allah will forbid him to the Fire." [Sunan ibn Majah] "A man who wept out of the fear of Allah shall not enter the Fire until the milk returns to the udder" [Jami Tirmithi] "A worshipper does not fast a day in the cause of Allah except that, that day (of fasting) distances the Fire from his face by seventy autumns" [Jami Tirmithi] "Protect yourselves from the Fire, even with half a date" [Sahih Muslim "Whoever asks Allah (s.w.t) Paradise three times, Paradise says: 'O Allah, admit him into Paradise', and whoever seeks refuge from the Fire three times, the Fire says: 'O Allah, save him from the Fire" [Jami Tirmithi]



| Task | Day 21 | Day 22 | Day 23 | Day 24 | Day 25 | Day 26 | Day 27 | Day 28 | Day 29 | Day 30 |
|------------------------------------------------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|
| I performed acts of kindness | | | | | | | | | | |
| I read voluntary prayers | | | | | | | | | | |
| I read all my Sunnah prayers | | | | | | | | | | |
| I cried and invoked Allah 🎄 | | | | | | | | | | |
| I kept a spiritual and physical fast | | | | | | | | | | |
| I gave charity | | | | | | | | | | |
| I read the Duas for refuge from the fire | | | | | | | | | | |



Did you know? Abu Talha رضى الله عنه had a garden that he ardently loved.

Upon the revelation of the Ayah "You will never achieve righteousness until you give from what you love," he gave it up in the path of Allah ...

Did you know? Aisha رضى الله عنها would receive 100,000 coins from Muawiyah رضى الله عنه, but the day would not end except that she had distributed them in the people.

Did you know? Uthman رضى الله عنه financed the entire army of Usra when he heard the Prophet say, 'Whoever equips the army of Usra will be granted Paradise.'

Have you ever marvelled at these companions? Have you ever wished to tread on their footsteps?

Click here to make a difference this Ramadan!



Nabi is reported to have said: "And then the night of Eidul fitr, the night that is called Laylatul Jaa'izah(night of prize giving), comes along. On the morning of Eid Allah sends down the angels to all the lands of the earth where they take their positions at access points of roads, calling out with a voice that is heard by all except man and jinn, "O Ummah of Muhammad 🐉, come forth from your houses towards a Lord that is noble and gracious, who grants much and pardons the major sins." When they proceed towards the places for their Eid Salah, Allah says to the angels: "What indeed is the reward of that employee who had rendered his services?" The angels reply' "O Lord and Master, it is only right that he should receive his reward in full for his services." Allah then says, "I call you to witness, O My angels, that for their having fasted during the month of Ramadan, and for their having stood in prayer by night, I have granted to them as reward My pleasure and have granted them forgiveness. O My servants ask now of Me, for I swear by My honour and My greatness, that whatsoever you shall beg of me this day in this assembly of yours for the needs of the Hereafter, I shall grant you; and whatsoever you shall ask for worldly needs, I shall look at you favourably. By My honour I swear, as long as you shall obey my commands, I shall cover your faults. By My honour and by My greatness do I swear that I shall never disgrace you among the evil-doing ones and disbelievers. Depart now from here, you are forgiven. You have pleased Me, and I am pleased with you. The angels at seeing this great reward bestowed by Allah upon the Ummah of Muhammad and on the day of Eidul Fitr become greatly pleased and happy." (Targheeb)

Mission

Rasulullah said, "The person who stays awake on the nights preceding the two Eids occupying himself with worship, his heart will not die on the day when everyone's heart will perish." [Ibn Majah]

On this auspicious night, spend a few hours in the worship of Allah 🕸



- Get up early
- Take a bath before the Eid Salaah
- Put on the best clothes available, not necessarily new clothes
- Apply itr i.e. perfume
- Consume something sweet before leaving for Eid Salah
- Pay your Sadaqat-ul-Fitr
- Go to Eid prayer ground early
- Go to the prayer ground using one route and return using a different one
- Recite the Takbir on the way to Eid prayer ground

Allahu-Akbar, Allahu-Akbar. La ila-ha ill-lallah.Allahu-Akbar, Allahu-Akbar. Wa-lilahill hamd.

(Allah is the Greatest, Allah is the Greatest. There is no god but Allah. Allah is Greatest, Allah is Greatest. And all praises are for Allah)



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