



Jaamia Zainab Lil Banaat Seerah Ijlas Preparation

Loving the Prophet ﷺ is a natural feeling that flows within the heart of a believer. This love is considered a virtue and a condition for every believer, as mentioned in the Hadith:

لَا يُؤْمِنُ أَحَدُكُمْ حَتَّىٰ أَكُونَ أَحَبَّ إِلَيْهِ مِنْ وَالِدِهِ

وَوَلَدِهِ وَالنَّاسِ أَجْمَعِينَ

None of you have truly believe (complete sound faith) until I am more beloved to him than his father, his son and all of humankind.

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A profound love brings the lover to venerate the beloved. It causes the lover to also love what is dear to beloved. This love occupies the mind and drives us to the direction of what we love. If we reflect on this, we would certainly be able to relate our love for the Prophet s.a.w.

To love the Prophet ﷺ immensely , necessitates knowing him deeply. One of the ways in which we can do this is to study his Seerah – his biography – as individuals, as families, and as communities. Acquiring an understanding of his life and personality will enable us to develop a love ❤️ based in knowledge and appreciation for his sublime character.

Hence, once again we prepare to learn and educate others about the blessed life of our Prophet Sallalahu alaihi wasallam.



We as a Jaamia want to make this Seerah Program an **exemplary one and a life-changing one** in which our aim will be to please our beloved Prophet (sallalahu alaihi wasallam). Just like any other event, we shall prepare passionately, but additionally this event will be adorned with purity of intention, remorse over our past sins, abundant durood and overflowing love for the Mahboob (sallallahu alaihi wasallam.)

We shall prepare for it both physically and spiritually.

We have been deprived of the Anwarat from Baytullah and the court of Rasulullah ﷺ for six months due to the rising pandemic . Where this is a natural crisis it could also indicate towards the displeasure of Allah and his Rasul ﷺ as indicated to many of our pious ulama in their dreams .

Hence, our **main goal** is to make Nabi ﷺ ♥ happy and in turn we will make Allah swt happy Inshallah. Therefore, we shall not only prepare for this program physically , but spiritually too.



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*For Qaida
Lusaha*

STEP ONE: READING ABUNDANT DUROOD

Our daily target for the onsite Jaamia Students is to reach 100,000 durood daily inshallah. This means that students should recite 2000 durood per day ❤️

However, this does not mean that we merely focus on quantity. Quality is our main goal. Hence, every Durood shall be uttered with utmost love and respect. InshaAllah.

Hazrat Anas Ibn Malak reported that the Messenger of Allah (ﷺ) said wte: "Whoever sends blessings upon me once, Allah will send ten blessings upon him."

(An-Nisa'i Sahih)

سبحان الله

STEP TWO: FOLLOWING THE SUNNAH

We will follow each and every sunnah of Nabi ﷺ ❤️

This week we shall begin with the sunnah of waking up.

Sunnah of waking up

- 1) As soon as one awakens, rub both palms on the face and eyes so that the effects of sleep are removed. (Tirmidhi)
- 2) Recite du'a: "Alhamdu lillaahil-ladhee 'ahyaanaa ba'da maa 'amaatanaa wa' ilayhin-nushoor", which means "praise is to Allah Who gives us life after He has caused us to die and to Him is the return." (Bukhari)
- 3) Recite: "In the Name of Allah. O Allah, I seek protection in You from the male and female unclean spirits." (Bukhari 1/45, Muslim 1/283).
- 4) Enter the bathroom with your left foot first. Whilst going to the toilet Rasulullah (pbuh) always covered his head and wore shoes. (Ibn Saad)

5) Using Miswak - Aishah narrates from Rasulullah (pbuh): "Two raka'ats of salat after using the miswaak is more beloved unto me than seventy raka'ats without miswaak." (As Sunanul Kubraa)

NB : there are many sunnah of waking up , these are just a few examples. Try to liaise with your class monitoress and practice upon as many as you can

STEP THREE: PRACTICING ON THE BATINI SUNNAH

To purify our hearts and free them from any malice / ill feelings every morning and evening .

This is one of the Batini Sunnah of Rasulullah ﷺ .

The Prophet ﷺ advised Anas RA saying :

يَا بُنَيَّ إِنْ قَدَرْتَ أَنْ تُصْبِحَ وَمُتَيْ لَمْ يَسْ فِي قَلْبِكَ غِشٌّ لِأَحَدٍ فَأَفْعَلْ

Oh my son , if you are able every morning and evening to remove any rancor from your heart towards anyone, do so.



Then, the Prophet (sallallahu alaihi wasallam) said to him :

يَا بُنَيَّ وَذَلِكَ مِنْ سُنَّتِي وَمَنْ أَحْيَا سُنَّتِي فَقَدْ أَحْبَبَنِي وَمَنْ أَحْبَبَنِي كَانَ مَعِيَ فِي الْجَنَّةِ

Oh my son , that is my Sunnah. Whoever revives my Sunnah has loved me, and whoever loves me will be with me in Paradise.

Purifying our hearts is the key to success in the sight of Allah SWT

"He has succeeded who purifies himself, who remembers the name of his Lord and prays."

(Surah Al-A'la 87:14-15)

STEP FOUR: MAKING ISTIGHFAR

To make Istighfar with consciousness.

Our daily target of Istighfar for the onsite Jaamia is 50,000. Students should try to target 500 astaghfaar daily.

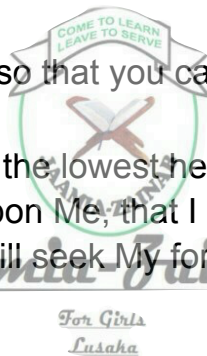
Imagine, our amaal reach the Prophet (sallalahu alaihi wasallam) on every Thursday night. Let us make sure our amaal become a source of pleasure to the prophet sallalahu alaihi wasallam and not a means of pain and displeasure. A person must repent sincerely and he should feel extremely guilty about his actions and promise Allah سبحانه وتعالى that he will try to refrain from sin.

STEP FIVE - READING TAHAJJUD SALAH

Tahajjud

Tahajjud means to abandon sleep so that you can pray Salah.

“The Lord descends every night to the lowest heaven when one-third of the night remains and says: ‘Who will call upon Me, that I may answer Him? Who will ask of Me, that I may give him? Who will seek My forgiveness that I may forgive him?’” (Bukhari, Muslim)



Please try by all means to get into the habit of praying tahajjud.

STEP SIX : STAYING AWAY FROM SIN

To stay away from sins

Allah سبحانه وتعالى says in the Qur'an-al-Karim:

وَذَرُوا ظَاهِرَ الْإِثْمِ وَبَاطِنَهُ

[6:120]

It means that you should leave all the sins that you commit:

– openly

(externally/outwardly) – ظَاهِرَ

– secretly (inwardly/internally) – بَاطِنَه

STEP SEVEN: READING TWO RAKAH SALATUT TAWBA

To perform 2 rakat Salatut Tawba daily

When reading Nafil salah we can make many intentions some of which are Salatut shukr, tawba, hajat, make salah the coolness of our eyes, and many more. We should get into the habit of reading Salatut Tawbah and seeking repentance for our sins .

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For Girls

STEP EIGHT: MEMORISING SOORAH MULK

To memorize Surah Mulk

We can do an ayat a day and with 30 days inshallah 30 ayats would have been memorised inshallah.

To facilitate the ease of these aamal we have made checklists.

InshaAllah each class shall cooperate with their class monitor and give their daily counts and account for the above by ticking on the checklist .

May Allah Ta'ala grant us istiqama in our Amal and make it a means of pleasing Rasulullah ﷺ .

Aameen

- Jaamia Zainab Lil Banaat Lusaka

(Come to learn , leave to serve)

