

Retaining the Spirituality

AFTER RAMADAN



Jaamia-Zainab
For Allah
Lauding

BY : KHALILATULLAH

سَمِعْتُ أَبَاهُ رِيْرَةَ، يَقُولُ قَالَ رَسُولُ اللَّهِ - صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ - أَكْفُوا مِنِّ الْعَمَلِ مَا

تُطِيقُونَ فَإِنَّ خَيْرَ الْعَمَلِ أَدْوَمُهُ وَإِنْ قَلَّ

“TAKE ON ONLY AS MUCH AS YOU CAN DO OF GOOD DEEDS, FOR THE BEST OF DEEDS IS THAT WHICH IS DONE CONSISTENTLY, EVEN IF IT IS LITTLE.”



After the month of Ramadhan comes to an end, it becomes difficult for us to retain our spirituality.

It often happens that we end up going back to our old habits and forget all the good ones we established throughout the month. Do not let all your hard work and efforts go to waste!

How can you maintain your Spirituality? The trick to success is being consistent, keeping in mind that it's about quality and not quantity.

Tips on how to Remain Steadfast

- Continue praying some Quran Shareef everyday, even if it's only a few pages.
- Try you best not to miss out of any Nafl prayers.



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For Girls
Lahore

•Fast Nafl fasts such as; Monday and Thursday, Ayyame Beedh (14th,15th and 16th of every lunar month), and the 6 Shawwal fasts.

•Give however much Sadaqah that you can. That could be everyday, if not then at least every week or month.

•Do not stop making Dua. Take out a few minutes a day, perhaps after each Salah, to talk to Allah Ta'ala.

Since it will no longer be the month of Ramadhan, schedules will change.If your amount of Ibadah is a bit too much to handle outside Ramadhan, alter your goals to fit your regular routine. As a result, you will feel more accomplished.

To ensure that you carry out all your goals, you have to motivate yourself. Ponder of the countless virtues of the Deeds as you do them, this will encourage you to do more.

May Allah grant us the Taufiqe to make Amal and to have consistency along with quality in each one of our good deeds.

تقبل الله منا ومنكم



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